

We offer a variety of one-day leadership development modules to leaders working within Health and Social Care. Starting with developing self-awareness, modules help leaders become more confident understanding and using their impact and influence to improve care for patients. Delivered at your own venue, modules can be offered to cohorts of 16 from as little as £4,250 just £265 per person.

Self-Awareness and Emotional Intelligence

- Understand the role self-awareness and emotional intelligence plays in being an effective leader.
- Greater awareness of personal presence, influence and impact on others.
- Greater understanding of personal assumptions and patterns of behaviour.

Self-Management and Resilience

- Greater awareness of triggers and ability to manage behaviour in group settings and difficult moments.
- Developed understanding of stress and greater personal resilience.

Working with Complex Problems

- Understand the difference between simple, complicated and complex problems and the different approaches required for working with them.
- Greater confidence working with others on complex problems in order to improve the provision of care for patients.

Leading Teams

- Greater confidence building and developing effective teams; the need for difference, diversity and trust.
- Greater confidence working with conflict and having difficult conversations.
- Lead better meetings.

Leading Change

- Understand how to articulate the need for change and the difference between transformation, innovation and improvement.
- Greater confidence working with resistance.

Giving and Receiving Feedback

- Greater confidence giving meaningful feedback to peers and subordinates.
- Greater awareness of the barriers faced by senior leaders to receiving feedback.

Leading Across Boundaries

- Understand how power, influence and relationships work within my own system.
- Greater confidence working collaboratively with those from other organisations and parts of the system.
- Greater personal influence and focus on where to expend energy.

Developing Vision and Narrative

- Develop ability to create a vision for the future of my service.
- Greater confidence articulating a narrative around the need for change.

“Moments of real revelation, learning that I will take back to work and implement. I will be a better leader as a direct result of this course and the College.”